



ANNUAL REPORT 2023 FRIENDS FOR LIFE

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Our Mission:

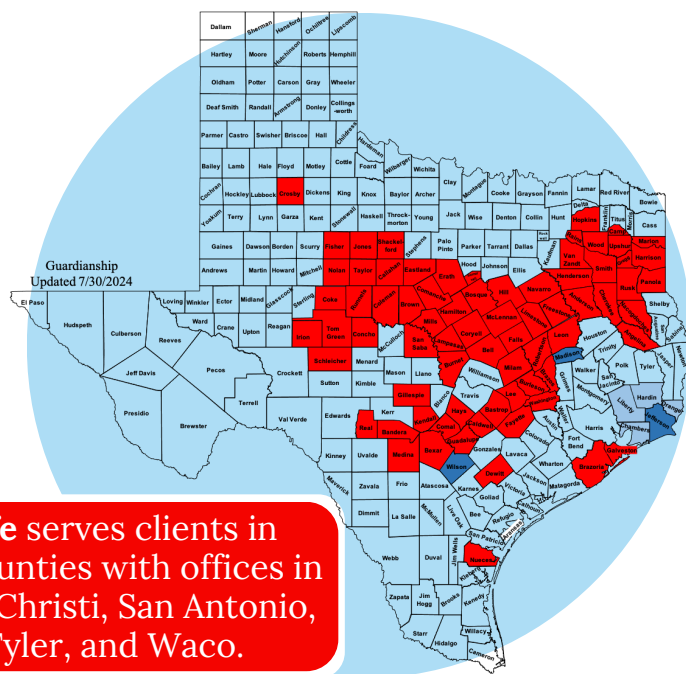
Friends for Life provides support systems and services that empower seniors and people with disabilities to live their best lives as independently as possible.

Our Core Values:

Integrity

Compassionate Service

Professional Teamwork



Friends for Life serves clients in over 80 Texas counties with offices in Abilene, Corpus Christi, San Antonio, Texas City, Tyler, and Waco.



We help the most vulnerable to live the fullest life possible.

Visit our website to learn more

www.FriendsForLife.org

Dear Friends,

By God's grace and thanks to you, this past year was one of our best years ever!

Our Reading Lab celebrated its first anniversary, and, oh my goodness! I hope you will come to see how excited they are about learning.

We learned, too. This last year, we learned many things that don't work when you try to expand Telephone Reassurance across our big state. When we figured out what would work, we began implementing that plan so lonely, isolated, homebound people in Texas would have someone who cares and someone they can call when they need help.... a Phone Friend.



Inez Russell

Planning statewide Telephone Reassurance made us realize we had to be ready when the homebound client needed more than a phone call. We needed to be able to find them help through our programs or by connecting them with local organizations. Helping those who call for help will always be something we do at Friends for Life. Still, we needed a program that specifically addressed this growing need for care coordination. We're calling it Lifelines.

We also began researching and laying the groundwork to create a Fraud Prevention Program. We are building a team that will work together to help educate our very vulnerable clients to prevent some of the scams and exploitation that steal their money, property, and security.

Thank you for helping help people in need. We hope you will come to see us and let us share more about the exciting things God is doing at Friends for Life.

Message from the Executive Director



A Life Skills client with her trainer receiving her high school diploma. It was a dream come true for her.

When we give our clients money to spend, we ask them to give us a receipt for their files. When this client couldn't find his receipt, he made us one.

WALMART
ONN ONEAR 14.95 \$
ELECTRIC SHAVE 29.95 \$

RECEIPT

11:40 AM

MAY 20 2024 TUESDAY



A happy client getting a certificate for letter recognition and moving on to learn to read.

Our Adult Day Care takes many field trips, the splash pad is one of the client's favorite.



This past Christmas, we heard about a nursing home in a small town about three hours away with no one and no Christmas gifts. With the help of some fantastic volunteers, we delivered around 90 Christmas gifts to brighten their holiday.



A guardianship client hadn't seen her son for 16 years. They had lost touch with each other. Her health was starting to fail and she was afraid she would never see her son again. Clara, her care manager, was searching for him when she got a phone call from a shelter. The son had gone there and when they heard his story, they called Clara. Now they see each other regularly.



Client Stories



Independent Living:

Volunteers help seniors and adults with disabilities stay independent by providing transportation to medical providers, doing minor household repairs, shopping for groceries, and helping with things they cannot do for themselves.

Quality of Life:

Friends for Life volunteers reach out to seniors and adults with disabilities to help them feel less isolated and lonely. Our volunteers call, visit, and write them throughout the year, especially on birthdays and holidays. This connection helps us to know if and when more assistance is needed.

Guardianship Program:

Friends for Life is appointed by the courts to serve as Guardian to individuals who lack the mental capacity to make decisions about basic life needs. We arrange care and make sure they have safe places to live, food, clothing, and medical care. When appointed Guardians of Estate, we manage and protect income and assets to ensure both are used for the benefit of the client.

Money Management:

Representative payee services are provided for individuals in communities throughout Texas who are in danger of losing independence due to the inability to manage financial matters. We ensure their bills are paid and, when possible, help them save for emergencies.



Telephone Reassurance & LifeLines:

This past year, Friends for Life focused on reaching out to homebound seniors. During the pandemic, we heard so many stories about how much more isolated and alone they were. We also watched as those who had some support systems in place lost that help when friends and neighbors were afraid to leave their homes. Food insecurity increased and access to medical care became more difficult. To try to reduce loneliness and isolation, we began expanding our **Telephone Reassurance Program**, recruiting volunteers to call homebound seniors all over Texas once a week to make sure they were okay. We are finding common interests before we match our volunteers to our seniors so that they build relationships and become **Phone Friends**. When a volunteer discovers the senior has a need, through our **LifeLines Program**, we have staff and interns who find resources to meet that need --- wherever they are in Texas.

Services provided by Friends for Life

Life Skills Training: Friends for Life's Life Skills Trainers provides one-on-one training to adults with developmental or intellectual disabilities living in nursing facilities to help them be as independent as possible. Currently, in 6 counties around Waco, this program is in the process of expanding into 5 counties around Taylor County (Abilene).

Adult Day Care: Our ADC program provides nursing care and activities for up to 120 seniors and people with disabilities from 7:30 AM to 5:30 PM, Monday through Friday. We offer those unable to stay home alone a safe, fun place with nursing care, activities, field trips, and nutritious meals.



Client Demographics

	Female	Male	Seniors (60+)	Under 60 w/ Disabilities
Adult Day Care	46.3%	53.7%	15.7%	84.3%
Guardianship	46%	52.7%	48.5%	51.5%
Money Mgmt.	41%	59%	38%	62%
Life Skills	47.7%	52.3%	67.2%	32.8%
Independent Living	77.1%	22.9%	76.6%	23.4%
Total	52.7%	56.4%	56%	53.5%

Clients Served in 2023

Guardianship.....	506
Adult Day Care.....	118
Independent Living & Quality of Life....	2,231
Money Management.....	349
Life Skills Program.....	110

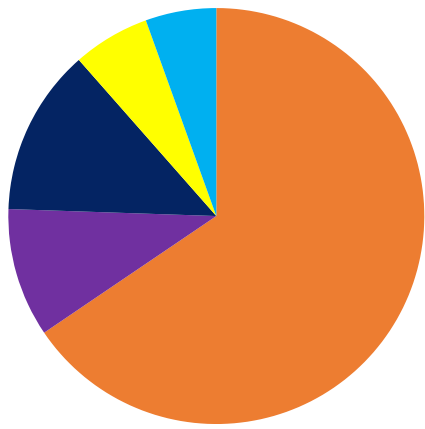
	American Indian or Alaska Native	Asian	African American	Hispanic or Latino	White
Adult Day Care	0%	0%	27.8%	17.6%	54.6%
Guardianship	0%	1%	17.7%	15.9%	64.6%
Money Mgmt.	.5%	0.3%	24.5%	16.3%	58.5%
Life Skills	0%	.8%	20.3%	10.2%	68.8%
Independent Living	0%	0%	39.6%	13.2%	47.2%

B J Greaves - President
Sandy Ray - Vice President
Leonard Englander - Treasurer
Pam Thomason - Secretary

Board of Directors
 Tom Ray - Director
 Janie Martinez - Director
 Nancy Williams - Director

Dr. Erma Ballenger - Director
 John Morkovsky - Director
 Robin Jamison - Director

Client Demographics & Board of Directors



Sources of Income

● Program Revenue: <i>(65.5% of Total Income)</i>	\$2,564,833
● Grants: <i>(10% of Total Income)</i>	\$391,920
● Non Program Revenue: <i>(13% of Total Income)</i>	\$507,872
● Gifts in Kind: <i>(6% of Total Income)</i>	\$234,378
● Cash Contributions: <i>(5.5% of Total Income)</i>	\$215,385

Contributed Services

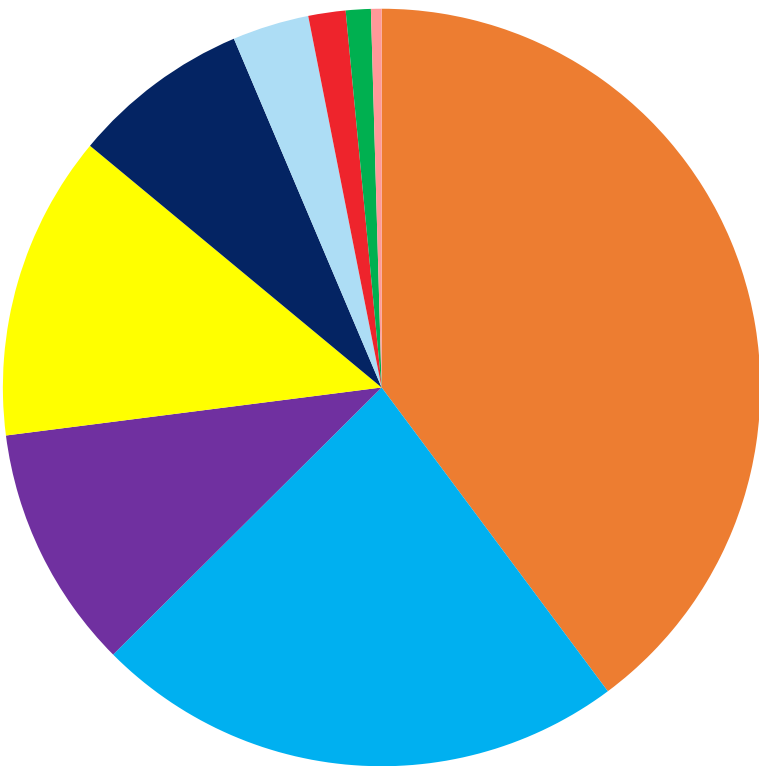
Number of Volunteers:	732
Hours of Volunteer Service:	41,966
Independent Sector Value per Volunteer Hour:	\$31.94
Value of Volunteer Service:	\$1,340,404
Donations of Gifts in Kind:	\$64,480
Donated Office Space/Facilities including Rent & Utilities:	\$156,413

Statement of Activities

Total Support & Revenue:	\$3,914,388
Expenses:	\$3,632,632
Increase in Net Assets:	\$281,756
Net Assets, Beginning of Year:	\$910,036
Net Assets, End of Year:	\$1,194,917

Financial Statements Audited by Pattillo, Brown, & Hill

Functional Expenses



● Guardianship: <i>(39.8% of Expenses)</i>	\$1,446,252
● Adult Day Care: <i>(22.7% of Expenses)</i>	\$825,650
● Money Management: <i>(10.4% of Expenses)</i>	\$379,052
● Life Skills Training: <i>(13% of Expenses)</i>	\$473,660
● Admin & Support Services: <i>(7.6%)</i>	\$276,352
● Independent Living: <i>(3.3% of Expenses)</i>	\$118,864
● Tool Shop: <i>(1.6% of Expenses)</i>	\$57,771
● Lifelines: <i>(1.1% of Expenses)</i>	\$38,646
● Learning Labs: <i>(0.5% of Expenses)</i>	\$16,385