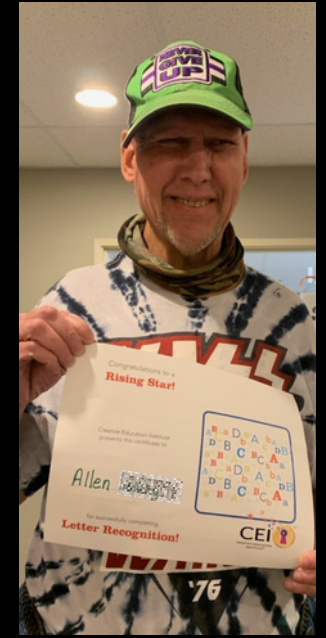


ANNUAL REPORT

2022



254-772-7600

Friends@Friendsforlife.org

5000 Lakewood Dr., Waco, TX 76710

Message from the Executive Director

Inez Russell



Dear Friends for Life Family,

In spite of difficult economic times, we were fortunate. God showed us inexpensive ways to expand our work to help seniors and adults with special needs live the best lives possible.

With special thanks to Spectrum VoiP and our Phone Friends volunteers, we are growing our Telephone Reassurance Program and combining it with our LifeLines Program to build a safety net for homebound seniors. With weekly calls, we learn about their needs and can coordinate resources to meet those needs. We opened a computer lab in our Adult Day Center to teach our adults with special needs how to read and were amazed to see how excited and proud they were to learn. Our Life Skills Program teaches adults with intellectual and/or developmental disabilities in nursing homes to be more independent and we are expanding that service to reach more people with the overarching goal of helping them transition back into community settings. Our Money Management Program grew significantly to protect hundreds more vulnerable people from exploitation and homelessness.

In 2024, we celebrate our 35th year of service, and we are so grateful for the many opportunities God has given us to serve His people. We are excited about what He is calling us to do now. I look forward to what's ahead and to working with you to make life better for people in need.

Clients Served in 2022

Guardianship.....	501
Adult Day Care.....	111
Independent Living & Quality of Life.....	1,442
Money Management.....	623
Life Skills Program.....	95

Client Demographics

	Female	Male	Seniors (60+)	Under 60 w/ Disabilities
Adult Day Care	49.5%	50.4%	22.4%	77.6%
Guardianship	47.2%	52.4%	47%	53%
Money Mgmt.	38.9%	60.6%	39.2%	60.8%
Life Skills	44.7%	54.1%	35.3%	64.7%
Independent Living	63.7%	36.3%	94.3%	5.7%
Total	52.7%	56.4%	56%	53.5%

	American Indian or Alaska Native	Asian	African American	Hispanic or Latino	White
Adult Day Care	0%	0%	21.4%	12.6%	66%
Guardianship	0%	1.2%	18.1%	0%	58.8%
Money Mgmt.	1%	0%	26.2%	17.4%	55.5%
Life Skills	0%	0%	37.5%	5%	57.5%

Services Provided by Friends for Life

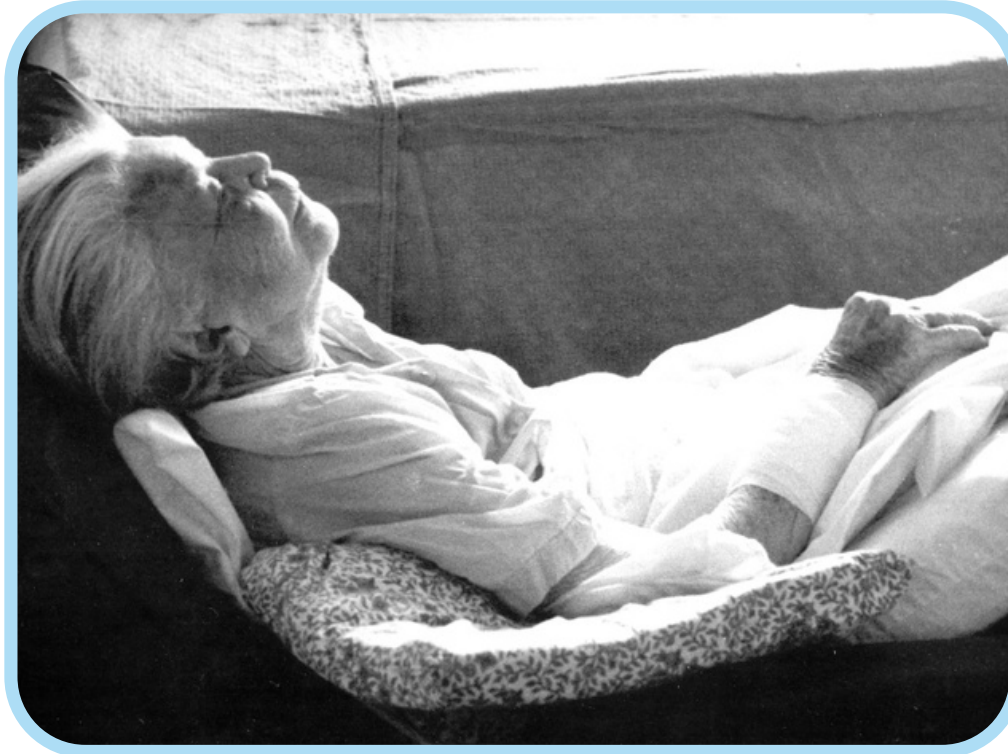


Independent Living:

Volunteers help seniors and adults with disabilities stay independent by providing transportation to medical providers, doing minor household repairs, shopping for groceries, and helping with things they cannot do for themselves.

Quality of Life:

Friends for Life volunteers reach out to seniors and adults with disabilities to help them feel less isolated and lonely. Our volunteers call, visit, and write them throughout the year, especially on birthdays and holidays. This connection helps us to know if and when more assistance is needed.



Guardianship Program:

Friends for Life is appointed by the courts to serve as Guardian to individuals who lack the mental capacity to make decisions about basic life needs. We arrange care and make sure they have safe places to live, food, clothing, and medical care. When appointed Guardians of Estate, we manage and protect income and assets to ensure both are used for the benefit of the client.

Money Management:

Representative payee services are provided for individuals in communities throughout Texas who are in danger of losing independence due to the inability to manage financial matters. We ensure their bills are paid and, when possible, help them save for emergencies.



Telephone Reassurance & LifeLines:

This past year, Friends for Life focused on reaching out to homebound seniors. During the pandemic, we heard so many stories about how much more isolated and alone they were. We also watched as those who had some support systems in place lost that help when friends and neighbors were afraid to leave their homes. Food insecurity increased and access to medical care became more difficult. To try to reduce loneliness and isolation, we began expanding our **Telephone Reassurance Program**, recruiting volunteers to call homebound seniors all over Texas once a week to make sure they were okay. We are finding common interests before we match our volunteers to our seniors so that they build relationships and become **Phone Friends**. When a volunteer discovers the senior has a need, through our **LifeLines Program**, we have staff and interns who find resources to meet that need --- wherever they are in Texas.



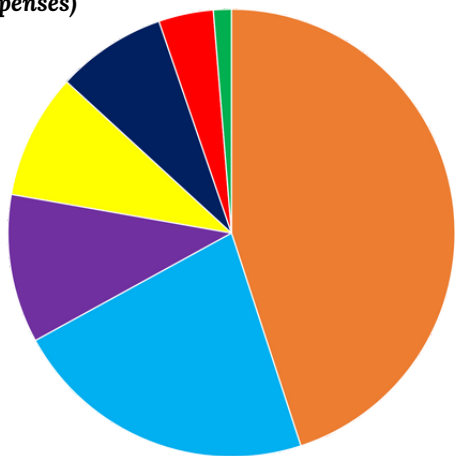
Life Skills Training:

Friends for Life's Life Skills Trainers provides one-on-one training to adults with developmental or intellectual disabilities living in nursing facilities to help them be as independent as possible. Currently, in 6 counties around Waco, this program is in the process of expanding into 5 counties around Taylor County (Abilene).

Adult Day Care: Our ADC program provides nursing care and activities for up to 120 seniors and people with disabilities from 7:30 AM to 5:30 PM, Monday through Friday. We offer those unable to stay home alone a safe, fun place with nursing care, activities, field trips, and nutritious meals.

Functional Expenses

● Guardianship:	\$1,496,487
<i>(45% of Expenses)</i>	
● Adult Day Care:	\$733,905
<i>(22.1% of Expenses)</i>	
● Money Managment:	\$357,200
<i>(10.7% of Expenses)</i>	
● Life Skills Training:	\$300,666
<i>(9% of Expenses)</i>	
● Admin & Support Services:	\$263,987
<i>(7.9% of Expenses)</i>	
● Independent Living:	\$131,813
<i>(4% of Expenses)</i>	
● Tool Shop:	\$43,255
<i>(1.3% of Expenses)</i>	



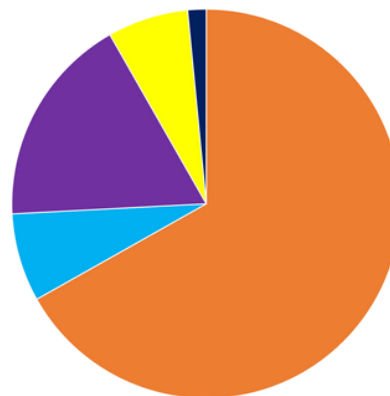
Contributed Services

Number of Volunteers:	779
Hours of Volunteer Service:	8,407
Independent Sector Value per Volunteer Hour:	\$28.14
Value of Volunteer Service:	\$236,573
Donations of Gifts in Kind:	\$64,480
Donated Office Space/Facilities including Rent & Utilities:	\$156,413

Financial Statements Audited by Pattillo, Brown, & Hill

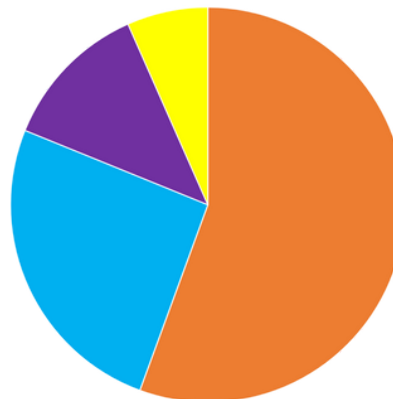
Sources of Income

● Program Revenue:	\$2,196,721
<i>(66.8% of Total Income)</i>	
● Grants:	\$577,500
<i>(17.6% of Total Income)</i>	
● Cash Contributions:	\$240,981
<i>(7.3% of Total Income)</i>	
● Gifts in Kind:	\$220,893
<i>(6.7% of Total Income)</i>	
● Non Program Revenue:	\$50,341
<i>(1.5% of Total Income)</i>	



Program Revenue

● Guardianship:	\$1,221,312
<i>(55.6% of Total Income)</i>	
● Adult Day Care	\$561,079
<i>(25.5% of Total Income)</i>	
● Life Skills	\$268,535
<i>(12.2% of Total Income)</i>	
● Money Managment	\$145,796
<i>(6.6% of Total Income)</i>	



Statement of Activities

Total Support & Revenue:	\$3,293,712
Expenses:	\$3,327,313
Decrease in Net Assets:	\$33,601
Net Assets, Beginning of Year:	\$944,954
Net Assets, End of Year:	\$911,353

THE TOOL SHED

Just before the pandemic, Friends for Life opened a Tool Shed thrift shop to help us raise money for our work with seniors and adults with special needs. With donations of used tools (and some new tools), we are able to sell them at extraordinarily great prices.

Volunteers help us by making sure the tools work, cleaning the tools, shelving them, greeting customers, telling them about our tools and sharing what we do at Friends for Life.

Much of the time we had the Tool Shed, it was run by Charlie Turner. He spent many years as mayor of Hewitt and was actively involved in his church and many parts of the community and he seemed a perfect match to run our thrift store. We lost Charlie very suddenly last year. He is missed by so many we are grateful for the time we had to work with him.

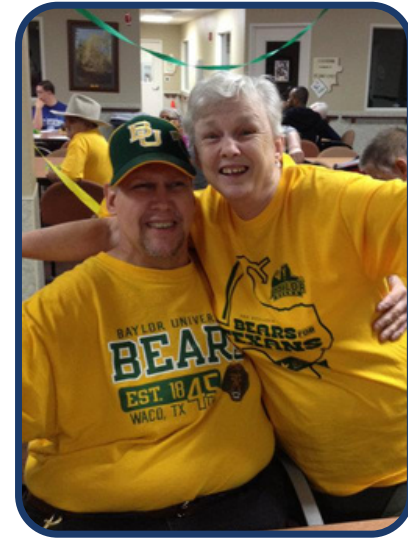


We owe a special thanks to Richard Hawkins who stepped up when we lost Charlie to run the Tool Shed and has done such a good job.

Please go by to meet Richard. We welcome your donations and we'd love for you to be a volunteer.

Foundations

- Carl C & Marie Jo Anderson Charitable Foundation
- Gary & Diane Heavin Community Fund, Inc
- Benevity Community Impact Fund
- Blackbaud Giving Fund
- Charities Aid Foundation
- Christian Mission Concerns
- Dian Graves Owen Foundation
- Entrepreneurs Foundation
- Greathouse Foundation
- Just Give
- Isla Carroll Turner Friendship Trust
- Kickapoo Foundation
- Legett Foundation
- Limestone Project Employees' Fund
- National Christian Foundation.
- Paul & Jane Meyer Family Foundation
- RSD Charitable & Educational Foundation
- Shelton Family Trust
- Wong Living Trust



Faith Congregations

- Canaan Baptist Church
- Central Christian Church
- First United Methodist Church
- First Woodway Baptist Church
- Meadowbrook Baptist Church
- Richfield Christian Church
- St. John's United Church of Christ
- St. John's Women's Guild
- Williams Creek Baptist Church
- Woodway 1st United Methodist



Board of Directors

B J Greaves - President

Tom Ray - Director

Sandy Ray - Vice President

Janie Martinez - Director

Dr. Erma Ballenger - Director

Leonard Englander - Treasurer

Nancy Williams - Director

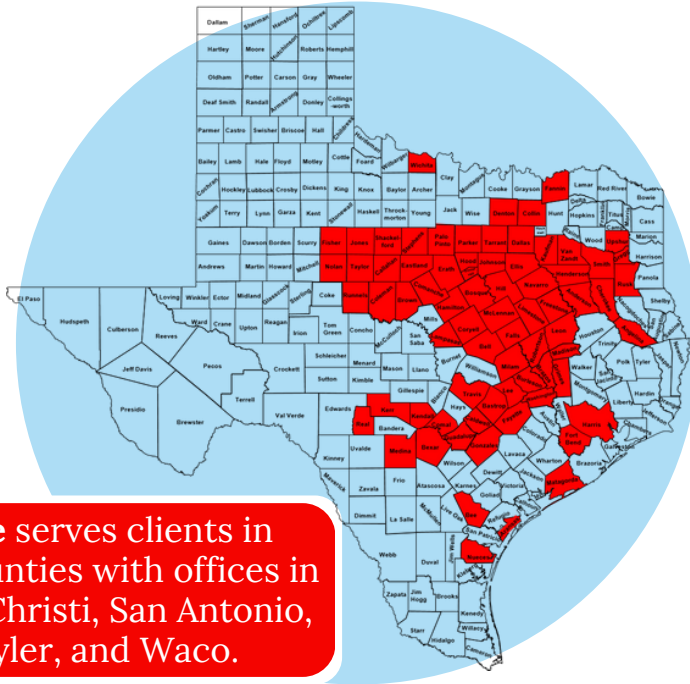
Dr. Marylea Henderson - Director

Cheryl Lenamon - Secretary

Robin Jamison - Director

Our Mission:

Friends for Life helps the elderly and people with disabilities live independently as long as possible, protects and cares for those who are unable to care for themselves and brings generations together to enrich lives.



Friends for Life serves clients in over 80 Texas counties with offices in Abilene, Corpus Christi, San Antonio, Texas City, Tyler, and Waco.

Our Core Values:

Compassionate Service Integrity Professional Teamwork



We help the most vulnerable to live the fullest life possible.

Visit our website to learn more

www.FriendsForLife.org